

The More We Unite  
The More We Can Do



Chartered In 1958

# The Knightly News

## Pope John Paul II

### Council 4522

January 2010



## Grand Knight's Message

My Dear Brother Knights,

*Vivat Jesus* and May the year 2010 bring you much Joy, Happiness and Goodwill. Most of all may this year draw you closer to Jesus Christ.

Wow, when we sang "let it snow. let it snow, let it snow", we got what we asked for! I hope that all of us were smart about our snow removal techniques and no one pulled a muscle in their back or slipped and broke a bone. We had our White Christmas and it was nice as it definitely put everyone in a joyful Christmas spirit. However, It was nice that after Christmas the temperature rose high enough to get rid of most of the snow but I don't think that will be our only snowfall this winter.

December was a very busy month as we held our annual Christmas Social in the Council home and it was a huge success, so much so that next year we will need to find a bigger venue! Many Brother Knights were very busy either selling Christmas cards, collecting food for the Christmas baskets, participating in Fourth Degree functions, and/or participating in the loading and delivering of the many Christmas baskets for the needy families in St. Phillips and Queen of Apostles Parishes. Our Council indeed personifies "Knights in Action" for we are not ones to just sit around and chit chat but rather we are all about doing for others in so many ways.

The year 2010 will be a very active year for our Council especially as we continue to develop our 1<sup>st</sup> Degree Team, and expand our fundraising activities. We will also have a Priest guest lecturer in February as part of our Year of the Priests program as well as extensive recruiting efforts in February at both Parishes. Your involvement will be key to having much success bringing in new members. Many men want to join the Knights

because they realize that the KOC is truly unique in how we are principled, grounded in our Catholic faith, and are steadfast with our Pro-Life and Pro-Family support. Let's get a Form 100 into every Catholic man's hand and ask him what is he waiting for and that he should join the KOC because our Catholic Faith matters. Ed White, Council Membership Director will lead this recruiting effort. When he reaches out to you please respond positively and give your support. Also, we will begin a strong retention effort led by Dennis Brown to reach out to those inactive members and see if we can get them reactivated into our Council, or if they desire to not be a KOC and to be removed from our membership list, to request from Supreme that they be removed from our membership roster. Again, when Dennis asks for your help with this larger task please respond positively - Thanks!

I want to inform everyone that I received a letter from Helen Duffy, wife of Tom Duffy a brother Knight who recently passed away. She wanted to let everyone know how thankful she was for the 4th Degree Knights participation at her husband's funeral and she received many comments from family members on how impressed they were with the Knights of Columbus Color Guard. Our fraternal support to each other is one of our pillars so it is imperative to be there when a fellow knight is in need or to support their families request at a funeral with the dignity of the 4<sup>th</sup> Degree Color Guard.

On behalf of my family to yours I wish for you a very joyful and blessed New Year. Now that we are all rested from this Christmas Season let's get energized for what is ahead; we clearly have some exciting Council functions for 2010!

God Bless,  
Joe Lynem, *Grand Knight*

## Council Officers 2009 - 2010

Grand Knight	Joseph P Lynem	703-916-9227
Deputy Grand Knight	Robert P Bubniak	703-573-5078
Chancellor	LTC Timothy C Murtha	703-727-9588
Recorder	Thomas W Howard	703-941-7040
Treasurer	Joseph W Barnoski	703-256-4088
Advocate	FDD/PGK Ronald J Plavchan	703-451-7382
Warden	Captain Edward S White	703-642-0243
Inside Guard	Greg G Bacani	703-256-5017
Outside Guard	Benjamin T Burt	703-460-8878
Outside Guard	James D Carlson	757 647-7868
3rd Year Trustee	PGK Carl R Castle Jr	703-941-6864
2nd Year Trustee	Craig J Delaney	703-560-0709
1st Year Trustee	PGK Dennis A Brown	703-978-6195
Chaplain	PGK Rev. Andrew Heinz	703 354-0742
Financial Secretary	Vincent P Apostolico	703-941-1079
Lecturer	Robert P Bubniak	703-573-5078

## Programs & Committees

Program Director	LTC Timothy C Murtha	703-727-9588
Membership Director	Captain Edward S White	703-642-0243
Public Relations Dir	Vincent P Apostolico	703-941-1079
Church & Vocations Dir	Thomas W Howard	703-941-7040
Youth Director	Brian D Vaccaro	571-830-6253
Community Director	FDD/PGK Richard P Owen	703-941-3848
Council Director	James D Carlson	757 647-7868
Ceremonials Director	FDD/PGK Ronald J Plavchan	703-451-7382
Family Director	Craig J Delaney	703-560-0709
KOVAR Director	Robert P Bubniak	703-573-5078
KOVAR Asst Director	Craig J Delaney	703-560-0709
Retention Chairman	PGK Dennis A Brown	703-978-6195
Charity/Welfare Chrmn	Paul A Hebert	703-914-1286
Fraternal Chairman	FDD/PGK John V Wenderoth	571 312-2530
Church Committee	LTC Timothy C Murtha	703-727-9588
KCIC Chairman	Thomas W Howard	703-941-7040
Charity Committee	James E Hathaway	703-573-3983
Pro-Life Couple	Paul & Cathy Mathews	703-750-0053
Family Committee	Greg G Bacani	703-256-5017
Youth Committee	Alfred F De Costa	703-256-2030
Admissions Chairman	PGK Albert R Avellino	703-256-2621
Admissions Committee	James E Hathaway	703-573-3983
Admissions Committee	Frederick H Hundemer Jr	703-370-3370
Fraternal Committee	James E Hathaway	703-573-3983
Benefits Field Agent	PGK Gerald D Curren Jr	703 746-8186
GK Delegate	GK Joseph P Lynem	703-916-9227
PGK Delegate	PGK Albert R Avellino	703-256-2621
GK Delegate Alternate	PGK Dennis A Brown	703-978-6195
PGK Delegate Alternate	PGK Carl R Castle Jr	703-941-6864
Web Master	TBA	
TKN Editor	Val Brown	703-978-6195

## Casey Club

Chairman	GK Joseph P Lynem	703-916-9227
President	Vincent P Apostolico	703-941-1079
Vice President	FDD/PGK Richard P Owen	703-941-3848
Secretary	Captain Edward S White	703-642-0243
Treasurer	PGK Albert R Avellino	703-256-2621

## Casey 4522 Foundation

Director	GK Joseph P Lynem	703-916-9227
Director	PGK Carl R Castle Jr	703-941-6864
Director	Craig J Delaney	703-560-0709
Director	PGK Dennis A Brown	703-978-6195
Director	Vincent P Apostolico	703-941-1079
President	FDD/PGK Richard P Owen	703-941-3848
Treasurer	TBA	
Secretary	FDD/PGK Ronald J Plavchan	703-451-7382

## Casey Women's Club

President	Patricia McHenry	703-256-0899
Vice President	Ethel Apostolico	703-941-1079
Recording Secretary	Ruth McFadden	703-256-9108
Treasurer	Ruth Zirkle	703-527-9367
Correspondence Secretary	Genevieve F Jean Hughes	703-671-5183
Parliamentarian	Marion E Scaffidi	703-256-2781
Membership Chairperson	Justine Rood	703-256-0186
Historian	Mardy Bosch	703-256-4101

## MEMBERSHIP RECRUITING DRIVE IN FEBRUARY - VOLUNTEERS NEEDED

During February, we expect to recruit at both St. Philip and Queen of Apostles parishes after all masses one weekend. We will be recruiting at St. Philip the weekend of 20 & 21 February; We have proposed to recruit at Queen of Apostles the weekend of 6 & 7 February, though those dates remain to be confirmed, and could change. Each parish has six masses over the course of the weekend to cover, and we need at least 4 to 6 Brother Knights at the doors after each mass. We could especially use some 4th Degree Knights in regalia to really "punch up" the event and help us stand out in the crowd. Please consider helping with this Recruiting Drive. There will be a sign up sheet available at our monthly General Business meeting on January 13th, or you can contact Ed White at 703-642-0243 to sign up. Tel: 703-642-0243, email: currican6@verizon.net.



< Rich Vale and his children sorting and packing the Christmas baskets



Bob Bubinak and Dick Owens sorting and packing the Christmas baskets >

## UPCOMING DEGREE EXEMPLIFICATIONS:

Fr. Diamond Council (#6292), located at St. Leo's Parish in Fairfax City, will host a First Degree Exemplification on Tuesday, 26 January; a Second Degree Exemplification on Thursday, 28 January, and a Third Degree Exemplification on Saturday, 30 January. If you need to take a degree, this is a great opportunity to do so! Please contact Ed White as soon as possible to arrange to attend, or if you are available to serve as an escort. Tel: 703-642-0243, or email: currican6@verizon.net.



## Knights of the Month

### Fred Hundemer, Leo Weston and Al Alvellino *Knights of the Month*

Fred Hundemer, Leo Weston and Al Alvellino: These three Brother Knights are the paragon of volunteerism as they so diligently, persistently and willingly sold Christmas cards at both St. Phillips and Queen of Apostles and anywhere else they could. Also these three are the premier recruiters in our council, led by “Mad Dog Hundemer” and if they were not selling Christmas Cards they were “selling” the KOC to the men in their midsts.



## Family of the Month

### Richard and Caroline Vale

Richard and Caroline Vale and their wonderful and lovely children: Rich brought his entire family to the KOC Christmas and they all had a great time but what is so impressive about Rich and his family was when Rich and his young children volunteered and worked together in support of the KOC Council Christmas Basket operation. Rich and his family also helped deliver the baskets to the Queen of Apostles Rectory. Rich and his wife want their children to understand the importance of doing for others. What a great example displayed on 22 December!

## FRATERNAL NEWS

Please remember in your prayers Brother Walter (Pete) Cilinski who fell asleep in the arms of our Lord on December 17th. Pete was the Council’s last Charter Member. Also, remember Brother Joe Kozloski who passed away in October. May their souls and the souls of all our deceased Brothers rest in peace.

Also, remember in your prayers all those who are sick, especially Betty Girard. wife of Brother Ken Girard; Brother Jim Hathaway and PGK Dom Scaffido.

To all a very healthy New Year.

## A Brief Reflection on the Solemnity of the Mother of God

*Submitted by Ernesto Gonzalez*

Although the first of January became the Solemnity of the Mother of God in 1970, the Gospel of the day has remained unchanged for more than eight hundred years: “*When eight days were completed for his circumcision, he was named Jesus, the name given him by the angel before he was conceived in the womb*” (Luke 2:21). This feast, which was once known as the Circumcision of the Lord, has always had strong Marian overtones: The opening prayer of the Traditional Latin Mass for this day begs the intercession of the Blessed Virgin, and the psalms for evening prayer were taken from the psalms for the Blessed Mother. Even though this day had always been a celebration in honor of the Lord, it also honored our Blessed Mother, even before 1970.

The Marian connection that allowed the feast of the Circumcision of the Lord to become the Solemnity of the Mother of God is beautiful. In order to complete the old law and fulfill all righteousness, our Lord humbled himself, even as an eight day old child, and allowed himself to be circumcised. Though the entire earthly life of our Lord is directed toward our salvation, His circumcision marks the first time that the Precious Blood is spilt on our behalf. The day commemorates the first drops of the Passion. However, as a newborn our Lord could not empty himself as he did on his baptism or hand himself over as he did on the evening of his passion. Just as the Blessed Mother stood by her Son on the cross “*grieving exceedingly with her only begotten Son ... and lovingly consenting to the immolation of this Victim which she herself had brought forth*” (Lumen Gentium, Vatican II, 58), so she also consented to hand over her newborn Son from her very arms to have His blood shed for the first time.

This, however, was not the agony of Cross, but a joyful event that signaled the entrance of her Son into the Covenant of Abraham and so the beginning of its fulfillment in the New Covenant. Even at this beginning, Our Blessed Mother, by handing over her own Son, was the *mediatrix*, the helper of our Lord in dispensing His graces. So it is fitting, at the beginning of the calendar year, in the very midst of the merry season of Christmas that the Holy Church meditates on the small beginning of our Lord’s mission and happily seeks aid from the very same arms that our Lord did, according to His own divine plan, two thousand years ago.

May God, throughout this year, grant us her intercession, through which we have received the author of life.

